

3. Fosdal Plantation

Fosdal Plantation is on the tall cliff Lien. With wide expanses of moor, dark pine woods and lush, green valleys, Fosdal Plantation has a rich and varied landscape.

Hiking trails: $2 \text{ km} \cdot 2,5 \text{ km} \cdot 5,5 \text{ km}$

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Sights:	The Stone Age fields at Rødland, the
	Moor, the Grey Rock, burial mounds,
	Our Lady's Spring, Lerup Church,
	Fosdalen, Nøddedalen.
Facilities:	tables, benches and bonfire place at
	Fosdalen.



4. Langdal Plantation

Langdal Plantation is on the cliff Lien, with lush valleys and a shady plantation. Enjoy the many highly-situated burial mounds, the rich flora and the view from the cliff.

Hiking trails: 5 km · 7 km

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Sights:	Langdalen, vantage points, burial	
	mounds, Bavnehøj 83 metres above	
	sea level.	
Facilities:	dog forest and nature playground	
	with toilets, bonfire place, lunch	
	house and tables and benches at	
	Strandvejen.	



5. Janum Kjøt and Egebjerg

Enjoy hiking at the impressive erratic block Janum Kjøt. Proceed along a marked-out trail to Egebjerg where you find a lovely oak forest, heather hills, burial mounds and a splendid view.

Hiking trails: 2,5 km Sights: view, art. Facilities:

erratic blocks, burial mounds, the at Janum Kjøt you find table and benches, a shelter and a bonfire place.

Sights:



National and International Trails

Enjoy the landscape at Hanherred by bike on the West Coast Trail or hike along the Haervej or the North Sea Trail. The trails give you an opportunity to see the varied landscape at Jammerbugt - tall hills, shady plantations, lush valleys, dune moors and the long coast line.

Where can you go?



Private woods and areas have access between 6 a.m. and sunset. You are allowed to be on paths and roads unless the opposite is clearly stated. Show consideration toward the plot owners, the animals and the crops.



In Svinkløv Dune Plantation you find a lush, hilly hardwood forest, areas with pine forest, green valleys and a splendid view of the sea along the cliff Lien.

Hiking trails:		3,2 km · 4,3 km · 4,5 km	
Bridle paths:		6 km	
Mountain bike track:		19 km	
Trail for disabled persons:		600 m	
Parking for horseboxes:		Hjortdal Church, the	
		eastern part of the	
		parking lot.	
Sights:	Svinklovene, Svinkløv Sea Side Resort,		
	Sømærkestien, l	Marie's House, Faldet,	
	Kaprifoliedalen, St. Olav's Spring.		
Facilities:	tables and benches at Svinklovene and		
	at the eastern pa	art of the parking lot at	
	Sletteåvej. Exercise track.Bonfire place		
	at Faldet.		



2. Kollerup Plantation

The landscape at Kollerup Plantation varies among hilly, open hardwood forests, moors and shady areas with pines and a view to the coast.

Hiking trails:		4 km · 1,4 km · 1,6 km	
Bridle paths:		9,1 km	
Mountain	bike track:	6,2 km	
Sights:	the view-point Toppen, passage		
	graves.		
Facilities:	dog forest,	tables and benches,	
	water pum	p and a bonfire place by	
	the parking lot at Kollerup Strandvej.		
	Shelter. Fre	e pitch camp in the	
	southern p	art of the plantation.	



6. Hingelbjerge

In the preserved are of Hingelbjerge, the hilly terrain offers with its Ice-Age landscape at Nordbjerg, 83 metres above sea level, gives a splendid view of Jammerbugten and Limfjorden. Hingelbjerge has many burial mounds, and since the central parts have been uncultivated since the Middle Ages, you may see a fine landscape with moors and little valleys.

- Hiking trails: 2,5 km · 3 km · Nordsøstien 36 burial mounds, ridged acres, dikes.
- Facilities: tables and benches.



7. Underlien

Follow the trail from the cliff Lien through heather dunes and the lush Svenstrup Kær to Underlien. Steps and crossings help you through inaccessible areas. Info boards on the way inform you about the landscape.

Hiking trails: 4 km

Sights: Lien, Underlien, Svenstrup Kær. Facilities: tables and benches.





Sleeping in nature, lighting a bonfire

Svinkløv Plantation: the bonfire place is open to organized groups. Application required.

Kollerup Plantation: Shelter, bonfire place and toilets. Free pitch camping in the southern part of the plantation.

Langdal Plantation: Shelter, bonfire place. Toilets and bonfire place at the nature playground in Tranum.

Janum Kjøt: bonfire place and shelters, free for a night or two.



Nature Playground and **Exercise Track**

Slettestrand: exercise track.

Langdal Plantation, Strandvejen: nature playground with tables and benches, bonfire place, lunch house and toilets.



Dog Forest Kollerup Plantation, Kollerupstrandvej Langdal Plantation, Strandvejen



Welcome out here

We have gathered a panoply of opportunities to hike, bike or go horseback riding in the rich landscape between Fjerritslev and Tranum. On your way, you will find information about dog woods, playgrounds, shelters and bonfire places. Enjoy!

If you wish to know more about outdoor life, rules of access, or local information, contact: www.udinaturen.dk www.friluftsguiden.dk www.10spir.dk

www.naturstyrelsen.dk - here you will find folders with maps and information about the area. www.jammerbugt.dk www.visitjammerbugten.dk

Be a good visitor

- Dogs on a leash are welcome.
- Show consideration for other visitors and nature. • Bring your lunch, but collect your garbage
- afterwards.
- The Traffic Act also applies to the woods slow down and keep to your right.
- You may access private woods and areas between 6 a.m. and sunset.

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